

Safety Alert

Aug 2024

Garcinia – Risk of liver injury

EDA performs label update to include the following:
(Addition is underlined)

Contraindications:

- Hypersensitivity to active substances and to other plants of the same family.
- **Patients with existing or previous liver pathologies.**

Special warnings and precautions for use:

- If the symptoms worsen during the use of the medicinal product, a doctor or a pharmacist should be consulted.
- Physician should be consulted prior to use in case of kidney problems, **liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice).**
- Use in children under 18 years of age is not recommended

Background:

Medicinal Uses (Indications) :

- ◆ Used for weight reduction during weight control programs.
- ◆ Used for suppression of appetite; temporarily increase satiety and feeling of fullness

References:

Egyptian Herbal Monograph v1 ([Click here](#))