

The Egyptian Non-prescription Medicinal Products (OTC) List

No.	Generic name	Dosage form or Route	Notes
1	Aceclofenac	Topical	
2	Minerals	Oral, topical	
3	Vitamin A	Oral, topical	<ul style="list-style-type: none"> • Accepted within daily dietary intake in multi-vitamins products, • in case single product with high doses and for specific indication it should be POM
4	Vitamin D	Oral, topical	<ul style="list-style-type: none"> • Accepted within daily dietary intake in multi-vitamins products, • in case single product with high doses and for specific indication it should be POM
5	Vitamin E	Oral, topical	<ul style="list-style-type: none"> • Accepted within daily dietary intake in multi-vitamins products, • in case single product with high doses and for specific indication it should be POM
6	Vitamin K	Oral, topical	<ul style="list-style-type: none"> • Accepted within daily dietary intake in multi-vitamins products, • in case single product with high doses and for specific indication it should be POM
7	Vitamin B	Oral, topical	
8	Vitamin C	Oral, topical	
9	Aluminium Hydroxide	Oral	• Adequately labeling mentioning impaired renal function precautions
10	Ambroxol	Oral	
11	Antazoline	Topical	
12	Aspirin (75,81,100,150,162,250, 300,320,325)	Oral	• Concentrations above 325mg POM
13	Benproperine	Oral	• May cause dizziness

No.	Generic name	Dosage form or Route	Notes
14	Benzocaine	Topical spray, Oral spray & gel & lozenges	<ul style="list-style-type: none"> • Adequate labeling mentioning Methemoglobinemia warning. • Used only in the following age groups: <ul style="list-style-type: none"> - Dental gel: From 2 years, only with medical supervisio - Oral solution: From 6 years - Dental spray: From 6 years - Lozenges: From 12 years
15	Bisacodyl	Oral, rectal	
16	Bromhexine	Oral	
17	Brompheniramine	Oral	<ul style="list-style-type: none"> • Use of this drug is completely prohibited in children less than 2 years. • Use of this drug is prohibited in children less than 6 years without medical supervision.
18	Butenafine	Topical	
19	Caffeine	Oral	<ul style="list-style-type: none"> • In combination products only.
20	Calamine	Topical	
21	Calcium carbonate, Magnesium carbonate	Oral	<ul style="list-style-type: none"> • Caution should be generally exercised in the case of patient with impaired renal function.
22	Camphor	Topical	
23	Carbinoxamine	Oral	<ul style="list-style-type: none"> • Contraindicated in patients less than 2 years. • Antihistamines may cause drowsiness. Use caution when driving or using machine.

No.	Generic name	Dosage form or Route	Notes
24	Carboxymethylcellulose	Eye drops	
25	Cetirizine	Oral	<ul style="list-style-type: none"> • Contraindicated in infants less than 6 month. • In chronic conditions, it should be used under medical supervision. • May cause drowsiness; Use caution when driving a motor vehicle or operating machinery
26	Chlorhexidine Gluconate	Topical	
27	Chlorpheniramine Maleate	Oral	<ul style="list-style-type: none"> • Use of this drug is completely prohibited in children less than 2 years. Use of this drug is prohibited in children less than 6 years without medical supervision. • May cause drowsiness; caution when driving a motor vehicle or operating machinery. • In chronic cases, it must be used under medical supervision.
28	Cinchocaine	Topical	
29	Citric Acid	Oral	
30	Clemastine	Oral	<ul style="list-style-type: none"> • Sedation side effects should be clearly labeled. • In chronic conditions, it must be used under medical supervision.
31	Clotrimazole	Topical	
32	Cromoglicic acid	Nasal	
33	Cromolyn sodium	Nasal	<ul style="list-style-type: none"> • Must not be used in children under 2 years unless directed by a doctor. (to include or to not include age limits)
34	Crotamiton	Topical	

No.	Generic name	Dosage form or Route	Notes
35	Cyproheptadine	Oral	<ul style="list-style-type: none"> • Sedation side effects should be clearly labeled • Take care in geriatric because of atropine like effects.
36	Desloratadine	Oral	<ul style="list-style-type: none"> • Antihistamines may cause drowsiness. Use caution when driving or using machine.
37	Dexbrompheniramine	Oral	<ul style="list-style-type: none"> • Antihistamines may cause drowsiness. Use caution when driving or using machine. • In case of chronic cases, it must be used under medical supervision.
38	Dexchlorpheniramine	Oral	<ul style="list-style-type: none"> • Sedation side effects should be clearly labeled (daily med) • In case of chronic cases, it should be used under medical supervision.
39	Dexpanthenol	Topical	
40	Diclofenac Sodium	Topical	
41	Dicyclomine	Oral	
42	Dihydroxy Aluminum	Oral	<ul style="list-style-type: none"> • Adequately labeling mentioning impaired renal function precautions • Used with extreme caution and only in necessary cases of ascites resulting from liver failure, hypertensive patients and heart diseases.
43	Dimethicon	Oral & Topical	
44	Dimetindene maleate	Oral & Topical	<ul style="list-style-type: none"> • Antihistamines may cause drowsiness. Use caution when driving or using machine. • Sedation side effects should be clearly labeled • Not used in children less than 1 year. • Topical anti-histaminic may cause hypersensitivity; avoid in eczema; photosensitivity Not recommended for longer than 3 days

No.	Generic name	Dosage form or Route	Notes
45	Diphenhydramine	Oral & Topical	<ul style="list-style-type: none"> • Sedation side effects should be clearly labeled. • Topical anti-histaminic may cause hypersensitivity; avoid in eczema; Not recommended for longer than 3 days in photosensitivity • Use of this drug is completely prohibited in children less than 2 years. Use of this drug is prohibited in children less than 6 years without medical supervision.
46	Docosanol	Topical	
47	Domiphen bromide	Oral	
48	Doxylamine succinate	Oral	<ul style="list-style-type: none"> • In chronic cases, it should be used under medical supervision. • May cause drowsiness. Use caution when driving or using machinery. • Use of this drug is completely prohibited in children less than 2 years. Use of this drug is prohibited in children less than 6 years without medical supervision • Use of this drug in pregnancy is prohibited as it may cause birth defects.
49	Doxylamine succinate, Caffeine	Oral	<ul style="list-style-type: none"> • In chronic cases, it should be used under medical supervision. • May cause drowsiness. Use caution when driving or using machinery. • Use of Doxylamine is completely prohibited in children less than 2 years. Use of this drug is prohibited in children less than 6 years without medical supervision • Use of Doxylamine in pregnancy is prohibited as it may cause birth defects.
50	Etofenamate	Topical	
51	Fexofenadine	Oral	<ul style="list-style-type: none"> • Not used in children less than 2 years.
52	Folic acid	Oral (< 1 mg)	

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53	Guaifenesin	Oral & rectal	<ul style="list-style-type: none"> Use of this drug is completely prohibited in children less than 2 years. Use of this drug is prohibited in children less than 6 years without medical supervision.
54	Hexetidine	Mouth Wash	
55	Hydrocortisone	Topical	Prolonged use of corticosteroids may increase the incidence of secondary infection.
56	Hyoscine	Oral	
57	Ibuprofen	Topical	
58	Indomet(h)acin	Topical (maximum strength 1 %)	
59	Iron	Oral	<ul style="list-style-type: none"> In combinations only ADR: Constipation, darkening of stools, Dental discoloration, Urine discoloration.
60	Lactulose	Oral	
61	Lidocaine	Topical	Lidocaine 2 % products are not approved to treat teething pain as use in infants and young children can cause serious harm, including death
62	Loratadine	Oral	<ul style="list-style-type: none"> In chronic cases, it should be used under medical supervision. May cause drowsiness. Use caution when driving or using machinery.
63	lysosyme HCl , Dequalinium Chloride	Lozenges	
64	Magaldrate	Oral	
65	Magnesium Hydroxide	Oral	
66	Magnesium Trisilicate	Oral	

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67	Mebevirin	Oral	
68	Meclizine	Oral & rectal	• The use of this drug is contraindicated in children under 2 years of age, and in children 2-12 years is allowed only under medical supervision.
69	Menthol	Topical	
70	Mepyramine maleate	Oral & Topical	• For the oral dosage forms: 1- In chronic cases, it should be used under medical supervision. 2- May cause drowsiness. Use caution when driving or using machinery.
71	Methyl salicylate	Topical	
72	Miconazole	Topical & Oral Gel (Maximum strength 2%)	
73	Minoxidil sulphate	Topical only except gel	• Maximum strength 5% for use as OTC
74	Naphazoline	Nasal (Maximum strength 0.05%) & Ophthalmic (Maximum strength 0.015%)	• Treatment duration should not exceed 5 days; frequent or prolonged use may cause nasal congestion to recur or worsen. [FDA & technical committee decision] • As a single agent it should not be used in children <12 years as a single agent • As a combination product with prednisolone it should not be used in children < 15 years.
75	Naproxen	Topical	
76	Nicotine	Oral Gum	
77	Nonoxynol-9	Vaginal suppository	• Take care of risk of infection (STD) Std: Sexually transmitted disease.
78	Noscapine	Oral	• Maximum single dose 30mg, maximum daily dose 150mg.

No.	Generic name	Dosage form or Route	Notes
79	Oral rehydration salts	powder for oral solution	
80	Oxetacaine	Oral	<ul style="list-style-type: none"> • Maximum dose 10mg , Maximum daily dose 30mg
81	Oxymetazoline	Nasal	<ul style="list-style-type: none"> • Treatment duration should not exceed 3 days; frequent or prolonged use may cause nasal congestion to recur or worsen. • used for adults and children over 12 years of age • Maximum Strength 0.05% & 0.025%
82	Paracetamol	All dosage forms except for: 1.Modified release tablets 2.Prolonged release tablets 3.Injection	<ul style="list-style-type: none"> • Adequately labeling mentioning hepatitis warning • Maximum dose 1g, maximum daily dose 4g for adult & conc 500mg , 1gm
83	Permethrin	Topical only 1% shampoo Anti-lice 2.5% cream , emulsion, lotion , ointment Anti-scabies	<ul style="list-style-type: none"> • leave on hair for 10 min (but no longer), use for a single application but may repeat 7 days after first treatment if lice still present (uptodate)
84	phenylephrine	oral	<ul style="list-style-type: none"> • Not use in children less than 6 years , present in EDA as oral combinations but present as single component eye drops, ear , ophthalmic
85	Pheniramine maleate, Ammonium chloride	Oral	<ul style="list-style-type: none"> • May cause drowsiness, caution should be taken when driving or operating machinery.
86	Picosal phosphate (Na)	Oral drops , tablets	<ul style="list-style-type: none"> • Short term use only, Maximum dose 7.5mg per day as sodium picosulfate hydrate for adults and adolescents 15 years of age and over. For children between 11 and 14, maximum dose 4.5mg per day. General sale if for adults and children over 10 years. Maximum strength 0.1%, maximum dose 15mg, maximum daily dose 15mg, (AESGP)
87	Piperonyl butoxide	Topical only	
88	Piroxicam	Topical only	<ul style="list-style-type: none"> • Maximum strength 0.5% in adults and children over 12 years, for a maximum of 7 days. UK. , AESGP

No.	Generic name	Dosage form or Route	Notes
89	Polyethylene glycol 3350	Oral	• Can't be used for more than 7 consecutive days, Indicated in temporary constipation in adults and children over 6 months.(france AESGP)
90	Polymyxin B	Topical only	
91	Povidone-Iodine	Topical only	
92	Pramocaine	Topical only	
93	Promethazine	Oral	• Use is completely prohibited in children < 2 years, Use in children <6 years must only be under medical supervision
94	Propranthelin	Topical only	
95	Pseudoephedrine	Oral only	- 30 mg/5ml: Contraindicated in children less than 12 years old. -15 mg/5ml: Contraindicated in pediatrics less than 2 years old and from 2-12 years old used under medical supervision.
96	Psyllium Muciloid (Ispaghula)	Oral	• Administration precautions should be adequately labeled
97	pyrethrins	Topical	
98	Racecadotril	Oral , Powder,hard gelatin capsules,sachets(granules for oral suspension)	
99	Selenium	Oral tablets	• Only in Combination
100	Simethicon	Oral(Chewable tablets ,suspension,oral drops)	

No.	Generic name	Dosage form or Route	Notes
101	Sodium Bicarbonate	Oral	Only in Combination يستخدم بحذر للمرضى المطلوب منهم الإقلال من استخدام الصوديوم (الملح) مثل مرضى ضغط الدم ومرضى القلب والفشل الكلوي والاستسقاء الناتج عن الفشل الكبدي.
102	Sodium Chloride	nasal spray ,nasal gel & ophthalmic solution as eye drops	
103	Sodium Chromoglicate	Eye drops	<ul style="list-style-type: none"> • Maximum strength 2% • OTC indication: only for the relief and treatment of seasonal and perennial allergic conjunctivitis
104	Terbinafine	Topical (Cream,gel,topical solution, spray)	
105	Triamcinolne oral base	Oral paste	<ul style="list-style-type: none"> • For painful ulcer. • OTC only in those aged 18 years and over.
106	Tribneoside	Topical	
107	Tripolidine	Oral(Tablets ,syrup)	<ul style="list-style-type: none"> • Contraindicated in children less than 2 years. • Must be used under medical supervision in children less than 6 years. • Must be used under medical supervision in chronic cases. • Antihistamines may cause drowsiness. Use caution when driving or using machinery. • Take care in geriatric because of atropine like effects.
108	Xylometazoline	Nasal drops	<ul style="list-style-type: none"> • Maximum strength : up to 0.1% • Prohibited in children < 6 years, and • pharmacology warning.
109	Zinc Sulphate	Oral	
110	Miconazole Nitrate 2% Hydrocortisone Micronized 1% Cream	Topical	

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111	Fexofenadine Hydrochloride 60mg +Pseudoephedrine Hydrochloride 120mg	Oral	• Used only in those aged 2 years and over.
112	Bacillus Clausii spores 2 Billion/5ml	Oral	
113	Paracetamol 500 mg Caffeine 65mg	Oral	
114	Sodium alginate 500mg/10ml, Sodium Bicarbonate 267mg/10ml, Calcium Carbonate 160mg/10ml	Oral sachet	• Use with caution in patients on sodium-restricted diet for example in patients with hypertension, heart disease, renal failure and ascites from hepatic failure.
115	Sodium alginate 500mg/5ml, Sodium Bicarbonate 100mg/5ml	Oral suspension	• Use with caution in patients on sodium-restricted diet for example in patients with hypertension, heart disease, renal failure and ascites from hepatic failure.
116	Sodium alginate 250mg, Sodium Hydrogen carbonate 133.5, Calcium carbonate 80mg	Oral Chewable Tablets	• Use with caution in patients on sodium-restricted diet for example in patients with hypertension, heart disease, renal failure and ascites from hepatic failure.
117	Beta-Sitosterol 0.25g/100g	Topical ointment	